

# Red Lodge Public Schools



## Community & Adult Education

### 2016 Spring Courses

- Register Early! Class size limits!
- Registration deadline Thursday, March 10th.
- Classes begin Monday, March 14.
- Classes held at Roosevelt Middle School (413 S. Oakes) unless otherwise noted.
- Minimum class enrollment of 4 students (registration refunded if class is cancelled.)
- Mail/Drop-off registration form and payment to Red Lodge Middle School.
- Call Kandy Aleksich for more information: 406-425-0855.

### Red Lodge Public Schools Adult Education Class Registration Form

**Mail or Deliver Form & Payment to:**

Red Lodge Public Schools  
413 South Oakes  
PO Box 1090  
Red Lodge, MT 59068

Cost: \$15 per person per class.  
Separate supply cost is paid to  
instructor (as indicated in  
course description).

**Please make checks payable to  
Red Lodge Schools.**

Class(es) of Interest:

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Name:

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Mailing Address:

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Email:

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Phone:

## Beginning Stained Glass

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Description:

Learn the techniques to create a piece of beautiful stained glass. You will learn about various types of glass, safety, glass cutting, fitting, foiling, soldering and finishing. This is an extremely informative beginner class. By the end of the class you will have completed a beautiful piece of art.

<b>Dates</b>	<b>Weekday/ Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 15, 22, 29 April 5, 12, 19, 26	Tues. 10-noon or 7-9pm	Kandy Aleksich	451 Upper Continental	Dependent upon project+\$25

## Intermediate Stained Glass

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Description:

Complete a work in progress or start a new project. This workshop is for those who need a bit of help and have the desire to work in the company of others. Work on project of your choice (some size restraints). Enjoy the "therapy" that this class has to offer.

<b>Dates</b>	<b>Weekday/ Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 16, 23, 30 April 6, 13, 20, 27	Weds 10-noon or 7-9pm	Kandy Aleksich	451 Upper Continental	Dependent upon project+\$25

## All About Baking

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Description:

Come learn the secrets of baking and refresh or master the skills you need to make magical morsels. Learn how to prepare the perfect dough base that can be used for several different breads, cinnamon and orange rolls, learn to bake the perfect sugar cookies bouquets on a stick complete with hand painted glaze, discover how to use a pastry bag correctly as you learn to decorate a birthday cake with a boarder and roses and make a cupcake tower.

<b>Dates</b>	<b>Weekday/ Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 14, 21, 28 April 4, 11, 18	Mon 7-9pm	Nancy Burgoyne	Roosevelt School 413 S. Oakes	\$60

## Floral Arranging

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Description:

This class focuses on the tools you will need to create beautiful floral arrangements. Learn how to make a bridal bouquet, buttoners and corsage, line arrangements, European arrangements, and stylized and contemporary arrangements. All flowers will be fresh and we will discuss how to beautifully integrate the rustic resources Red Lodge has to offer.

<b>Dates</b>	<b>Weekday/ Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 15, 22, 29 April 5, 12, 19	Tues 4-6pm	Nancy Burgoyne	Roosevelt School 413 S. Oakes	\$60

# Knitting 101

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Description:

You will learn the basics of knitting, how to read instructions, understand terms and even make a hat. Please join me for this fun class.

Please bring the following:

- 2 skeins of knitting worsted yarn, minimum of 200 yards each, can be different colors.
- 2 16" size 8 circular needles,
- size G steel crochet hook,
- stitch markers,
- stitch holders
- cloth or flexible plastic tape measure,
- yarn needle
- small scissors
- 3 ring binder & pen or pencil

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 16, 23, 30 April 6, 13, 20	Weds. 6:30-8:30 pm	Judy Morseman	Roosevelt School 413 S. Oakes	None

# Beginning Line Dance

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Description:

Welcoming new dancers - as well as returning dancers - to "Kick The Dust Up"! Have fun learning many country and contemporary line dances, including basic steps and stylistic technique! Class will be suitable for all levels. No partner needed. Please wear smooth-soled boots or dance/Zumba shoes.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 14, 21, 28 April 4, 11, 18	Mon 6:30-8pm	Lynn Sorensen	Roosevelt School Cafeteria 413 S. Oakes	None

## Country Western Dance

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Description: The class is beginner-level couple dancing but a partner is not necessary to register. The basics of two-step, waltz, east-coast swing and cha-cha will be taught, along with the cotton-eyed joe and cowboy cha-cha. The class is taught by former UCWDC Div. II dance competitor, Sharon Luloff.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 3, 10, 17, 24, 31 April 7	Thurs 7:15-9pm	Sharon Luloff	Old Roosevelt School Gym	None

## Festival of Nations Dance

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Description: Learn Festival of Nations style dancing by focusing on traditional (and not-so-traditional dances of other countries. All skill, energy and age levels are welcomed and accommodated. The only requirement is a willingness to learn and move. Partners are not required but hard-soled shoes are recommended. Questions, call 446-2657.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 15, 22 April 5, 12, 19, 26	Tues 7-8:30pm	Bob Holmen	Roosevelt School Cafeteria 413 S. Oakes	None

## Learn Sign Language (ASL)

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Description: Let Joy Monroe teach you the basics of communicating with the hearing impaired! This conversational sign language class is informative and fun!

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 24, 31 April 7, 14, 21	Thurs. 6:30-8pm	Joyce Monroe	Roosevelt School 413 S. Oakes	None

## Morris Dancing

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Description:

Morris dancing is an English folk dance tradition from the Cotswald region. Usually performed with 6 dancers and a musician, carrying handkerchiefs or sticks, the dances are simple in step and pattern, but energetic and graceful, and very aerobic. We will be teaching 2-3 dances from village of Bampton with a final performance to dance the sun up on May 1, a venerable Morris tradition. Bring running shoes, loose fitting pants, and a top that allows full arm movement. Instructions for making handkerchiefs will be provided in the first class. Acoustic musicians are also welcome – fiddle, accordion, concertina, and tin whistle and percussion are traditional.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 16, 23, 30 April 6, 13, 20	Weds 7-9pm	Jim Riosa	Roosevelt School 413 S. Oakes	None

## Hobo Purse Class

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Description:

Basic sewing class to make a practical and cute structured shoulder bag. The purse has two outside zipper pockets and two outside pockets that could be used for a cell phone or sunglasses. There are inner pockets for pens or pencils, note pads, keys or other necessities they can be personalized for each person. The padded handle can be adjusted for length. Things needed for class are basic sewing supplies, 1 1/4 yards of main fabric, 1 1/4 yards of lining fabric and fusible interfacing and fusible fleece, zippers and thread. An example can be seen at Quilt Lodge.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 14, 21, 28 April 4, 11, 18	Mon. 10am-noon	Gina Farnam	The Quilt Lodge in Old Roosevelt School	None

# Nia

Description:

Nia is a living system that lives and breathes through the natural intelligence of the body, mind, emotions and spirit of each person. Nia is a blend of martial arts, dance arts, and healing arts. It has been referred to as 'holistic fitness'. Usually done in bare feet (although not necessary - your choice). Nia is an amazing way to connect to your body and dance in a way only your body can.

<b>Dates</b>	<b>Weekday/Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 3, 10, 17, 24, 31 April 7	Thurs 6-7pm	Sam Thomas	Roosevelt School Cafeteria	None

# Yoga for All!

Description:

All levels yoga! From beginner to advanced create an evening routine of yoga to help your strength, gain flexibility, relax your body, soothe your soul and calm your mind! You will learn what yoga entails through experiencing asana, pranayama and meditation. Yoga has been proven to help with heart disease, anxiety, depression, high blood pressure, back aches, stress and so much more.

<b>Dates</b>	<b>Weekday/Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 16, 23 April 6, 13, 20, 27	Weds. 7-8pm	Summer Abbey	Mountain Town Yoga - Old Roosevelt School	\$15

## Reiki Level I

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Description:

Reiki is a Japanese relaxation technique used to facilitate healing. This 2-day class will introduce you to the practice of Reiki and will be led by certified Reiki Master-Teacher Joyce Phillips, who has been practicing and sharing Reiki since 2004. Upon completion of class requirements you will receive your Reiki Level I certification.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 14 & 15	Mon. 6-9pm Tues. 6-9pm	Joyce Phillips	916 McGillen	None

## Rubber Stamping: Bunnies, Butterflies, Boxes, Bows... and the new Wonder Rose

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Description:

Whether you are a beginner or avid stamper, this class is for you. Each week I will demonstrate a new technique and we will make 2-3 projects using Stampin Up products. Join me for 5 weeks of fun crafting as we create cards, gift bags and boxes.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 16, 23, 30 April 6, 13	Weds. 6:30-8pm	Cheri Davey	Roosevelt School 413 S. Oakes	None

## Essential Oils in Everyday Living

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Description:

In this class Joyce Phillips will teach you the basics of using Essential Oils in your daily life. Learn which oils everyone should keep on hand and the application and benefits of their use. Whether it is cooking, cleaning, stress relief or anti-bacterial applications, there's an oil for that.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 20	Sunday 2-4pm	Joyce Phillips	916 McGillen	None



## Idaho Lily Wall Hanging

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Description:

Wall hanging measures 28 x 28 inches, designed by Kim Diehl. The project is a good skill builder teaching accuracy in cutting and piecing. The four lilies grace the center of the wall hanging and small half square triangles enclose the center motif. The quilt is pieced with applique details. The skills learned will transfer easily to larger projects. Things needed for class are basic sewing supplies and a kit for the project can be purchased for \$37.50, a student discount is available. An example can be seen at Quilt Lodge.

Dates	Weekday/ Time	Instructor	Location	Supply Fee
March 14, 21, 28 April 4, 11, 18	Mon 1-3pm	Gina Farnam	The Quilt Lodge in Old Roosevelt School	\$37.50 for kit, Student Discount Available

## One Skein Wonder Dye

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Description:

Want to learn to dye yarn for a special project or gift? Learn the basics of wool dyeing, then dye your yarn. If you do not know how to knit you can learn the basics and make your own colorful hat, scarf or simple shawl. Supply Fee will cover the cost of yarn and dye. Gloves, steamer and other supplies will be provided. Taught by Terrie Hoyt a local knitter and wool to yarn hoarder of locally sourced wool fresh off the sheep's back from Double A Ranch in Fromberg and processed at 13 Mile Lamb & Wool Bozeman.

Dates	Weekday/ Time	Instructor	Location	Supply Fee
March 14, 21, 28	Mon 6-9pm	Terrie Hoyt	Roosevelt School 413 S. Oakes	\$15

# Writing Fiction

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Description:

Whether you are a first time writer, experienced, or want to write your life story for posterity this class will help motivate and support you in the sometimes lonely creative process of writing. This course is designed to help writers plan, organize and write their books. Students will share their work each week and class participants will comment and edit work. The goal is for all participants to finish their writing project during the 6 weeks and have a book ready to be printed, if that is their goal, by Amazon.

<b>Dates</b>	<b>Weekday/Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 15, 22, 29 April 5, 12, 19	Tues 7:30-930pm	Nancy Burgoyne	Roosevelt School 413 S. Oakes	None

# Alpha Female Class

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Description:

Get in touch with your Inner Alpha Power! This class is designed to help you build confidence, get out of and prevent victim-cycles, and take control over your life and future. The benefits of this training include but are not limited to: Self-esteem boost, friendship, confidence, stress relief, career success, relationship health, and attracting what you want into your life.

<b>Dates</b>	<b>Weekday/Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 14, 21, 28 April 4, 11, 18	Mon 6-7pm	Tamara Boggio Upton	Roosevelt School 413 S. Oakes	None

## Getting Your Student Off to College

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Description:

It is never too soon to start thinking about how to get your student ready for what lies ahead after high school. Class topics will include planning for college tours, choosing the right school, the perfect essay and how to get noticed, what to expect when your student leaves the “nest”, challenges of college, affording college and cost effective alternative paths, the “flex” year, graduate school, global competition, internships, resume building and the importance of extracurricular activities. their college essay.

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 19, 26 April 2, 9, 16, 23	Sat. 10am-noon	Nancy Burgoyne	Roosevelt School 413 S. Oakes	None

## Foundations of Western Thought and Current Society

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Description:

Join as we discuss how the classics shape such things as the way we view U.S Foreign Policy, Equal Rights, the Presidency, and war. Readings will include work from Aristotle, Plato, Kant, Marx, Rousseau, Darwin, Hume and Tocqueville. We will also review samplings of the global media and the way the U.S. is perceived abroad as we finally finish with Samuel Huntington’s classic work “The Clash of Civilizations.”

Dates	Weekday/Time	Instructor	Location	Supply Fee
March 17, 24, 31 April 7, 14, 21	Thurs. 6:30-9:30pm	Nancy Burgoyne	Roosevelt School 413 S. Oakes	\$30 Book

## Quickbooks Class

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**Description:**

Learn Quick Books and take control of your personal and business finances. Learn how to customize QB to accommodate all of your business and or personal bookkeeping needs. You will learn how to create a chart of accounts, billing, invoicing, payment acceptance, bank reconciliations, payroll, financial reporting and procedure manual creation.

Classes requires:

- A Laptop Computer
- Quick Books for Desktop - Version 2014 or newer
- Or Quick Books Online with Active subscription
- If you will be using the Payroll feature, be sure to have an Active Payroll Subscription

<b>Dates</b>	<b>Weekday/Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 17, 24, 31 April 7, 14	Thurs. 5:30-6:30, 7pm	Leah Therrell	Roosevelt School 413 S. Oakes	None

## Spanish

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**Description:**

Do you want to learn beginning Spanish but have never taken a class? Have you taken classes and want to learn more? Used to speak Spanish but never have the opportunity now and want a refresher? This class will benefit all of you! Expand your brain while having fun!!! Certified Spanish Teacher, teaches K-8 and tutors adults and children, lived in Spain and Honduras.

<b>Dates</b>	<b>Weekday/Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 15, 22, 29, April 5, 12, 19, 26	Tues. 6-8pm	Stephanie Naftal	Roosevelt School 413 S. Oakes	None

## The Rule of 5 And All the Best Recipes For Successful Family Meals and Entertaining

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**Description:**

Based on a new cookbook and theory of time and home management, come learn how to simplify and plan ahead based on the “Rule of 5’s”. Come join the group as we master 5 spectacular appetizers, 5 wonderful soups, 5 fresh salads, 5 memorable main dishes, 5 fabulous cookies and 5 of the very best pies and cakes. We will also discuss tips for freezing and keeping the necessary staples on hand. We will also work on presentation.

<b>Dates</b>	<b>Weekday/Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 16, 23, 30 April 6, 13, 20	Weds. 7-9pm	Nancy Burgoyne	Roosevelt School 413 S. Oakes	\$90

## Fly Fishing for Beginners and Intermediates

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**Description:**

This class is for beginners and intermediate fly fishers. The focus will be on fundamentals of fly fishing for trout and will include discussions on equipment, basic casting, fly selection and trout behavior for our western rivers. Course description: The course will consist of two, 2 hour classroom sessions; the last two classes will be in the field as casting clinics with student hands-on experience.

<b>Dates</b>	<b>Weekday/Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
Classroom March 15, 29 Field Class TBD	Tues 6:30-8:30pm Field TBD	Rand Herzberg	Roosevelt Middle School 413 S. Oakes	None

# Furniture Refinishing

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Description:

Make that shabby antique into a beautiful, finished piece of furniture! Bring a notepad, a small sized project and your questions for the first evening. Mark will determine what your project needs are to complete the job. He will cover how to buy a piece, how to break it down without destroying it stripping techniques, prep work for refinishing, the gluing process and the actual refinishing techniques and supplies.

This combined skills class also offers solutions for more difficult problems like veneer repair, making and replace missing parts, repairing badly damaged parts, how to deal with damaged or missing carved pieces, and how to repair or replace broken turnings. Call Mark directly if you have questions. 406-598-8768. Two courses offered below.

<b>Dates</b>	<b>Weekday/ Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 14, 21, 28 April 4, 11, 18	Mon. 6-8pm	Mark Smith	Roosevelt Middle School 413 S. Oakes	Depends on project

<b>Dates</b>	<b>Weekday/ Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 15, 22, 29 April 5, 12, 19	Tues. 6-8pm	Mark Smith	Roosevelt Middle School 413 S. Oakes	None

# NRA Basic Pistol Shooting

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**Description:**

This course includes three (3) classroom sessions and one (1) range session learning to shoot revolvers and semi-automatic pistols. Students learn NRA's rules for safe gun handling; pistol parts and operation; ammunition; shooting fundamentals; range rules; shooting from the bench rest position, and two handed standing positions; cleaning the pistol; and continued opportunities for skill development. Students will receive the NRA Guide to the Basics of Pistol Shooting handbook, take a Basics of Pistol Shooting Student Examination and receive a course completion certificate. Class session evenings 6:00pm to 9:00pm, Range date and time will depend on weather.

Successful completion of course (attendance of all sessions required) meets firearms safety training requirements of Montana concealed weapons permit law. Students can also qualify for a Utah Concealed Carry Permit for an additional \$25 and attending one additional class session. Contact Rod Bastian, Certified NRA Instructor/Utah Certified Concealed Firearms Instructor, 425-2684 or r.bastian@bresnan.net

*\*Firearm not required to participate in class – gun rental available. Bring unloaded firearm to class, no ammunition in classroom.*

<b>Dates</b>	<b>Weekday/ Time</b>	<b>Instructor</b>	<b>Location</b>	<b>Supply Fee</b>
March 16, 23, 28 March 27 Range Day	Various 6-9pm	Rod Bastian	The Bunk House 320 S. Broadway	\$35 + Ammunition + Optional Gun Rental