

Red Lodge School District

Activities Handbook



www.redlodge.k12.mt.us
2020~2021

RED LODGE SCHOOL DISTRICT EXTRACURRICULAR ACTIVITIES

The Red Lodge School District recognizes that the student activities program is an integral part of school life. As such, this broadly based program should contribute to the intellectual, physical, social and emotional growth of students. The District is committed toward operating all co-curricular programs in a manner that not only teaches the techniques, fundamentals and strategies of the activity but also enhances the social and emotional development of the participants. The following definitions and requirements in this handbook are established for participation in any extracurricular activity.

An extracurricular activity is any school sponsored musical or dramatic activity, club or sport that takes place outside the normal school day or class meeting times. It is defined as any activity that is under the supervision of the school but does not normally function during the regular school day or class schedule.

The following activities are considered as extracurricular activities: Football, Basketball, Volleyball, Track, Cross-country, Golf, Cheerleading, Speech and Drama, School/Drama Plays, FFA, VICA, FCCLA, BPA, Key Club, Music (pep band, concert/jazz band and chorus groups), Pep Club, Student Council, National Honor Society and others as approved by the Red Lodge Board of Trustees.

TABLE OF CONTENTS

Red Lodge School District Statement of Philosophy	Page 4
Objectives of Participation	Page 5
Rules and Regulations	Page 6
School Travel Regulations	Page 6
Cell Phone Policy	Page 6
Dress for Activities	Page 6
Assumption of Risk Statement	Page 6
Activity Transportation	Page 6-7
Activities Code of Ethics	Page 7
Chain of Command	Page 7-8
Spectator Expectations	Page 8
M.H.S.A./Red Lodge School District Eligibility Requirements	Page 8
Red Lodge School District Academic Requirements	Page 8
M.H.S.A. Student Eligibility Rules	Page 8-9
Activity Ticket/Participation Fee Costs	Page 9-10
Physical Examination Requirements	Page 10
Minimum Practices	Page 10
Contracts and Agreements	Page 10
Excused/Unexcused Absences	Page 11
Athletic Insurance Coverage	Page 11
Penalties for Student/Coach Ejections	Page 11
Bus Related Disciplinary Action	Page 11
Activity Student Drug Testing Policy	Page 11-15
Drug/Alcohol/Tobacco Policy	Page 15-16
Rules and Regulations	Page 16
Bullying, Harassment, Intimidation, Hazing Policy	Page 16-17
Team Managers	Page 17
Red Lodge Public School's Concussion Policy	Page 17-18
M.H.S.A Coaching/Team Participant Rules	Page 18-19
Red Lodge School District Lettering Procedures	Page 19-21
Restricting Activities on Sundays	Page 21
Recommended Meal Allowances	Page 22
Lodging	Page 22
R.L.S.D. nondiscrimination Policy and Grievance Procedures	Page 22
Parent Code of Ethics	Page 23

Signature Page for Students/Parents/Coaches/Advisors **(to be returned with initials and final signature)**

Required Attachments:

Signature Page for Students/Parents/Coaches/Advisors **(to be returned)**

M.H.S.A. Physical Examination **(to be returned)**

Emergency Information Page **(to be returned)**

Student-Athlete & Parent/Legal Guardian Concussion Statement **(to be returned)**

Student Drug Testing Consent Form **(to be returned)**

Student Permission to Participate **(to be returned)**

Extra Curricular Activity Agreement

Student/Parent Activities Handbook Agreement

Athletic Insurance Waiver/Information

Overnight/Activity Trip/Parent Consent Agreement

GRADES 5-8 DO NOT SIGN THE OVERNIGHT/ACTIVITY TRIP CONSENT AGREEMENT.

Additional Attachments

2020-2021 M.H.S.A. Activities Calendar

2020-2021 M.H.S.A. Tournament Dates and Sites

THE RED LODGE SCHOOL DISTRICT'S STATEMENT OF PHILOSOPHY

A comprehensive and balanced activities program is an essential complement to the basic program of instruction. The activities program should provide opportunities for youth to further develop interests and talents in sports, drama, journalism, music, student government and academic-related areas. Participation in these activities should provide many students with a lifetime basis for personal values, for work and leisure activities.

We believe that the opportunity for participation in a wide variety of student-selected activities is a vital part of the student's educational experiences. Such participation is a privilege that carries with it responsibilities to the school, to the activity, to the student body, to the community and to the students themselves. These experiences contribute to the development of learning skills and emotional patterns that enable the student to make maximum use of his or her education.

The interscholastic athletic program shall be conducted in accordance with existing Board of Trustees policies and rules and regulations. While the Board of Trustees takes great pride in winning, it does not condone "winning at any cost" and discourages any and all pressures, which might tend to neglect good sportsmanship and good mental health. At all times, the athletic program must be conducted in such a way so as to justify it as an educational activity.

Activities play an important part in the life of Red Lodge School District. Young people learn a great deal from their participation in activities/athletics. Lessons in sportsmanship, teamwork, competition and how to win and lose gracefully are an integral part of each group in our activities programs. Activities play an important part, too, in helping the individual student develop a healthy self-concept as well as a healthy body. Activities add to our school spirit and help all students - spectators as well as participants, develop pride in their school.

Leadership should be of the highest quality so as to exemplify to the participants the desired type of behavior to be developed from the activities programs. Measurement of leadership success should not be in terms of just the tangible evidence of the victory and defeat or perfect performance, but rather in the intangible personality development factors that are an outgrowth of the major objectives of the activities programs.

Every effort should be made to support the activities program with the best facilities, equipment and with the most qualified staff available. Insofar as possible, knowledge and skills gained in classes should be applied and developed further through participation in the activities program. Coaches, directors and sponsors should also teach the specific skills necessary for safe participation and improvement in activities and provide guidance in the development of self-realization, good sportsmanship, cooperation, leadership, ethical behavior, artistic sensitivity and an appreciation for the importance of practice.

The ultimate goals of the activities should be: 1) to realize the value of participation without overemphasizing the importance of winning, and 2) to develop and improve positive citizenship traits among the program participants.

The head coach in consultation with the Activities Director and building principal will determine the appropriate team size for each sport, as well as the process in which to attain this size.



OBJECTIVES OF PARTICIPATION

- I. To provide a positive image of school activities at Red Lodge School District.
- II. To strive always for excellence in all activities that will produce groups within the bounds of good representation of Red Lodge Schools and sound mental health of participants.
- III. To ensure growth and development that will raise the number of individual participants; give impetus to increasing attendance at each performance/contest; increase gate receipts; enable a program of continued upkeep and improvement of facilities.
- IV. To provide opportunities that will allow the program to serve as a laboratory where students may cope with problems and handle situations similar to those encountered under conditions prevailing in the contemporary world. The laboratory should provide adequate and natural opportunities for:
 - a. Physical, mental and emotional growth and development.
 - b. Acquisition and development of special skills in activities of each student's choice.
 - c. Group cooperation with the development of such commitments as loyalty, cooperation, fair play, and other desirable social traits.
 - d. Directed leadership and supervision that stresses self-discipline, self-motivation, excellence and the ideals of good sportsmanship that make for winning and losing graciously.
 - e. A focus of interests on activity programs for student body, faculty and community that will generate a feeling of unity.
 - f. Achievement of initial goals as set by the school in general and the student as an individual.
 - g. Provisions for worthy use of leisure time in later life, either as a participant or spectator.
 - h. Participation by the most skilled that will enable these individuals to expand possibilities for future vocational pursuits.
- V. To provide a superior program of student activities.
- VI. To provide sufficient activities to have an outlet for a wide variety of student interests and abilities.
- VII. To provide those student activities which offer the greatest benefits for the greatest number of students.
- VIII. To create a desire to succeed and excel.

RULES AND REGULATIONS

SCHOOL TRAVEL REGULATIONS

Students, when traveling with a team, group, club, etc., must realize the standard of behavior expected in school, is applicable at all times. The students are to follow the rules and regulations of the Red Lodge School District Field Trip Policy. Students are representing Red Lodge School District and should conduct themselves in such a manner that the school and community can be proud of them.

CELL PHONE POLICY

Coaches have the right to collect Cell Phones as per district policy.

DRESS FOR ACTIVITIES

Those responsible for any performance groups such as coach, director, advisor, etc., are hereby authorized and encouraged to develop for each group exemplary standards and practices in fashion, grooming and taste that will tend to enhance the appearance of the group as a whole, or help build a constructive "esprit de corps" within the group. Such standards, and /or practices, must be of a reasonable nature, appropriate to the group's activity, and reflect positively on the image of the group and the school. Students are not allowed to wear t-shirts or other clothing, which contains offensive insignias, slogans, etc. Examples include "Big Johnson" apparel and clothing that pertains to drugs, alcohol or tobacco.

ASSUMPTION OF RISK STATEMENT

Liability: The coach/advisor/director, any other member of the school staff, or any member of the Board of Trustees will not be held liable or responsible in case of an accident incurred during practice, games, meets, matches, tournaments, concerts, or trips supervised by Red Lodge Public Schools. Each parent or guardian will be responsible to sign an "assumption of risk" statement indicating that the parents/guardians assume all risks for injuries resulting from such participation. [Board Policy 2151]

ACTIVITY TRANSPORTATION

Due to the legal implications regarding school district responsibility and liability of any student involved as a participant in a school sponsored extracurricular activity, participating students will be required to ride school provided transportation to and from an activity taking place away from Red Lodge. This will apply to any student who is a member of a team, music group, cheerleader squad, pep bus, or any other school sponsored activity-involving students as assigned participants. It does not include student spectators, except those riding on a pep bus.

The only exception will be a written request by the parents for their son or daughter to ride with them to/from the activity. The parents must see the coach or sponsor and sign a release at this time. If for some reason a parent may want the student to ride home from the activity with someone other than him or her, a request must be made in writing and presented in advance to the high school principal/activity director/activity sponsor/chaperon/coach.

It should be understood that:

- a. Students are expected to use seat belts at all times when the vehicle is in motion;
- b. Under no circumstances is a student permitted to drive the vehicle.

If a school bus is to be used:

- a. Students are to remain in seats while bus is moving (this must be strictly enforced);
- b. If food or beverages are brought on the bus, students must properly dispose of all waste material in the receptacle supplied on the bus;
- c. Students must keep noise level below that which disturbs the driver;

- d. Students must comply with all behavioral requirements of the bus driver, coach/ sponsor and chaperon(s).

Overnight trips:

- a. Students will be given an agenda and a tentative time schedule for student and parent information.
- b. Students will be responsible for seeing that their parents receive that information.
- c. No student shall remove, damage or deface the property of any motel, restaurant, etc.
- d. No riding in vehicles other than school provided or sponsored vehicles will be allowed.

If any emergency should arise on a trip (e.g. adverse road conditions, injuries, or major infractions of the rules) the Activity Director, Principal, or Transportation Director, should be contacted by phone as soon as possible. Parents will then be notified by the most efficient method.

During the winter months, (or at any time the weather is or has the potential of being inclement), each participant should have, in addition to their regular clothing, a heavy warm coat, a cap and/or scarf, mittens or gloves and overshoes or snow boots.

ACTIVITIES CODE OF ETHICS

It is the duty of everyone involved in school activities...participant or spectator...to:

- 1. Emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
- 2. Eliminate all possibilities that tend to destroy the best values of the activity.
- 3. Stress the values derived from participating in activities.
- 4. Show cordial courtesy to visitors and officials.
- 5. Respect the integrity and judgment of sports officials.
- 6. Achieve a thorough understanding of the activity and its rules.
- 7. Encourage leadership and good judgment.
- 8. Recognize that the purpose of activities is to promote the physical, mental, social and emotional well being of all involved.
- 9. Remember no competition is a matter of life or death for participants, coach, school, official, fan or community!
- 10. Your failure as a student to abide by the above code of ethics may result in your removal from the event, loss of future participation and/or disciplinary action.

CHAIN OF COMMAND

When issues, concerns, and conflicts arise within an activity season, the following conflict resolution format will be followed:

Red Lodge School District Chain of Command Flow Chart

Level 5	Board of Trustees
Level 4	School Superintendent
Level 3	Building Level Principal
Level 2	Activities Director
Level 1	Coach

- Level 1:** Initial concerns related to the activity / sport need to be addressed by the student-participant with the coach. If a resolution is not reached, the parent and student will need to address the concern with the coach together.
- Level 2:** Parent, Student, Coach will meet with the Activities Director to seek resolution.
- Level 3:** Parent, Student, Coach, Activities Director, and building level principal will meet to seek resolution.
- Level 4:** Parent, Student, Coach, Activities Director, building level Principal and Superintendent will meet to seek resolution.

Level 5: Parent and Student will present their case to the Board of Trustees for a final determination.

SPECTATOR EXPECTATIONS

Crowd control at school events is the primary responsibility of the school administration and staff. Assistance from law enforcement officers may be arranged in advance when deemed appropriate. In emergency circumstances when the administrator in charge at a school event deems it appropriate, law enforcement assistance may be requested to quell unruly behavior, enforce the law, investigate a crime, or assist in other legal and appropriate ways.

Any spectator who is deemed disruptive to the point of removal from a Red Lodge activities home or away event will be subject to adopted School District Policy 4314.

M.H.S.A./RED LODGE SCHOOL DISTRICT ELIGIBILITY REQUIREMENTS

1. Red Lodge School District Academic Requirements

Red Lodge High School subscribes to the standards and regulations of the Montana High School Association (M.H.S.A.). (See Roosevelt Middle School Handbook for grade 5-8 eligibility requirements.)

- a. Students must maintain a quarterly Grade Point Average (GPA) of 2.00 (C average) and must not be failing any classes. 9-12 student grades will be checked every three weeks throughout the school year to detect failing grades. Middle School student grades 5-8 will be checked weekly.
- b. If a student is failing any classes, he/she will be ineligible. The purpose and intent of the extracurricular program at Red Lodge Schools is to provide students with experiences designed to encourage good sportsmanship, responsibility, reliability and good moral character. Participants in these activities are expected to reflect these attitudes. Any action by a participant in any extracurricular program, which detracts from the achievement of these goals will be considered a violation of training rules and will be dealt with accordingly.
- c. A grade of "incomplete" is the same as a failing grade: however, if the incomplete results from absence due to illness, an arrangement can be made with the teacher(s) of the class(s) and the administration for making up the work.
- d. These academic eligibility requirements do not apply to students assigned to activities as a part of their Special Education Individual Education Plan (I.E.P.).

2. M.H.S.A. Student Eligibility Rule

The following Eligibility Rules apply to all "Association Contests," which is an athletic contest between teams representing two high schools, which are members of the M.H.S.A involving any group of students playing under the supervision of the school. The following are the general eligibility rules; M.H.S.A. eligibility is determined by the administration.

- a. Enrollment/ Attendance: A student must be enrolled and in regular attendance from the enrollment date.
- b. Academic Eligibility: Red Lodge High School and Roosevelt Middle School's academic eligibility requirements are more stringent than the M.H.S.A. academic rules, thus if a student is eligible based on the two School's academic requirements they are eligible for M.H.S.A activities.
- c. Physical Examination: Must use the M.H.S.A. form and must be completed before the first practice.

d. Graduate Students

e. Students below the Ninth Grade: No student who is enrolled in a grade below the ninth shall be eligible to participate in an Association contest. The exception to this rule is any student who is at least fifteen years old on or before midnight August 31 may be declared eligible for participation in M.H.S.A. contests by the M.H.S.A. Board of Control. See the activity director for the proper forms for this special eligibility request.

f. Participation above the Secondary System

g. Age Rule: No student is eligible to participate in an Association contest who has become nineteen (19) years old on or before midnight, August 31, of a given year.

h. Semester Rule: A student is eligible for only eight consecutive semesters (4 years).

i. Deadline for Enrollment: No student shall be eligible to participate in an Association Contest during the first semester if he/she has enrolled later than October 15th or during the spring semester if he/she has enrolled later than the eleventh (11th) school day of that semester. This rule shall not apply to transfers from one school to another.

j. Participation Limits: No student shall be eligible to participate in an Association Contest during more than four consecutive seasons in any one sport.

k. Transfer Rule: Transfer forms are handled by the administration.

l. Eligible Transfers: Determined by the administration and the M.H.S.A.

m. Record of Transfer: The record of transfer form must be on file at the M.H.S.A. before a transfer student is eligible to participate.

n. Professional Participation.

o. Penalty for Assaulting an Official: Any player who assaults a referee or other official in connection with an Association Contest shall immediately become ineligible from further interscholastic competition.

p. Beginning of Second Semester Definition: If a student was ineligible in a previous quarter or semester and they become eligible the following quarter or semester, they are eligible only after that quarter or semester has began.

q. Award Rule: All awards presented to a student or accepted by a student shall be symbolic in nature with no intrinsic value.

r. Amateur Rule: All contestants in the M.H.S.A must be amateurs.

s. Recruiting Prohibited

t. Other violations that could affect eligibility:

1. Competing in more than 5 quarters of basketball in one day, except during tournament play.
2. Competing in more than 5 events (track and field) in a one-day meet.

3. Red Lodge School District Activity Ticket

** Students participating in any school sponsored activity, supported by activity fees, are required to purchase a student activity/participation fee. **Students will not be allowed to participate in a scheduled competition until the activity/participation fee has been purchased.

* Waivers based on financial need are considered by the administration. The costs are as follows:

K-12	= \$20.00 (activity fee)	Tickets at the gate are:
5-12	= \$60.00 (participation fee)	Adults = \$5.00
Family	= \$85.00	Students K-12 = \$3.00
Adult Single	= \$50.00	Seniors = \$3.00
Combination Games for Basketball - Student = \$4.00 and Adult = \$6.00		
Middle School Games - Student and Adult = \$2.00		

There will be a cap at \$150.00 for families of three (3) or more participating in activities.

*Seniors will again be offered passes to all events by requesting a pass from the high school office. Proof of age will be required at the time of the request.

4. Physical Examination:

All students participating in an athletic activity or cheerleading must pass and have a physical on file in the office before they are allowed to practice and participate in that activity. All students must use the M.H.S.A. Physical Examination Form and the form must be complete with all the necessary signatures and information. This form includes information concerning insurance coverage, medical treatment, and parental permission for participation. Physical forms are available at the school offices, as well as with the coaches, and the activity director. School athletic physicals are typically scheduled during the summer with the two health clinics located in Red Lodge.

5. Minimum Practices:

FOOTBALL:

No individual may participate in a football game until that individual has a minimum of 10 practice sessions of at least one practice session per day on 10 different days prior to the date of the first allowable contest.

If a student begins his/her ten days of required practices and that period of days is interrupted by sickness, injury, or academic ineligibility for a period of two weeks, then the student will be required to practice an additional (6) days and to produce a doctor's release.

BASKETBALL, VOLLEYBALL, TRACK AND FIELD:

No individual may participate in a basketball game, volleyball match, or a track and field meet until that individual has a minimum of 10 practice sessions of at least one practice session per day on 10 different days prior to the date of the first allowable contest.

If a student begins his/her ten days of required practices and that period of days is interrupted by sickness, injury or academic ineligibility for a period of two weeks, then the student shall be required to practice an additional five (5) days and to produce a doctor's release.

6. Contracts and Agreements:

The following contracts and agreements will be available during registration/and or available at the school offices prior to school activity physicals (handed out on the first day of school and available at the school offices). All students participating in any extracurricular activity must have on file in the office of the activity director the following forms:

- * Drug / Alcohol / Tobacco and Extra Curricular Activities Contracts.
- * Red Lodge Schools Emergency and Student Participation and Transportation Form.
- * Student-Athlete & Parent / Legal Guardian Concussion Statement
- * Student Drug Testing Consent Form

7. Excused and Unexcused Absences:

Excused and unexcused absences are defined in the student handbook.

Unexcused Absences:

Any student who has an unexcused absence for any portion of the day of an activity will not participate in that activity, including practice for that day. The practice will be counted as an unexcused practice. If the unexcused absence occurs on a Friday or any final day of school in a week, the student is automatically ineligible to participate in any activity for the remainder of that day and the entire weekend/holiday competition.

Excused Absences:

If a student has excused absences during the morning and comes to school before or during lunch, they may participate in school activities or practice that day and/or over the weekend/holiday vacation. If the excused absences are during the afternoon, that student must obtain prior administrative approval to be eligible to participate in the school activity or practice that day. If the excused absences are during the afternoon of a school day, which is prior to a weekend/holiday vacation, the student must obtain prior administrative approval to be eligible for the activities and practices over that weekend/holiday vacation.

8. Athletic Insurance Coverage:

All students participating in athletics (including cheerleading) must have insurance coverage to participate. The school makes available a supplemental student accident insurance policy through Special Markets Insurance Consultants, Inc., (SMIC). The student or parent/guardian pays for the total premium. Please indicate your insurance company on the M.H.S.A Physical Examination Form.

9. Penalties Implemented for Student/Coach Ejection's:

Any student or coach who represents a school holding membership in the M.H.S.A who is ejected from an interscholastic athletic competition for unsportsmanlike conduct involving schools who are members of the M.H.S.A. will not participate for the remainder of the event and will be suspended for the next regularly scheduled or rescheduled event at that level of competition and all other games/meets in the interim at any level of competition. A second violation will result in a four-competition suspension by the offending student/coach. If penalties are imposed at the end of the sport season and no contests remain, the penalty is carried over to that particular sport until the next school year. In the case of a senior student, the penalty will continue to the next M.H.S.A sponsored sport or activity.

Appeal: The president of the conference may appoint a Hearing Officer/Board to hear any appeals within 48 hours of the receipt of a complete report of the incident. Appeals may not deal with decisions made by contest officials.

10. Missing Bus due to School Disciplinary Action:

If a student misses a bus departure for extracurricular activities due to school disciplinary action (detention, Saturday School, etc.), that student will not be eligible for participation in that activity. The student will remain ineligible even if they travel to that activity by another means.

ACTIVITY STUDENT DRUG TESTING POLICY

The Red Lodge Board of Education in an effort to protect the health and safety of its extra-curricular activities students from illegal drug use and abuse, thereby setting an example for all other students of the Red Lodge Public School District, has adopted the following policy for drug testing of Activity Students.

POLICY DURATION

This policy is in effect throughout the calendar year. Selection to all-star, all-state, or other post-season activities, as representatives of the Red Lodge School District extends, this policy until the total completion of these activities. A student may not give up their affiliation with the District as a way to circumvent violations that have occurred under this policy. Violations are cumulative through the student's period of attendance in middle or high school. Violations do not carry over from the middle to high school.

STATEMENT OF PURPOSE AND INTENT

Although the Board of Education, administration, and staff desire that every student in the Red Lodge School District refrain from using or possessing illegal drugs, district officials realize that their power to restrict the possession or use of illegal drugs is limited. Therefore, this policy governs only illegal drug use by students participating in extra-curricular activities. The sanctions imposed for violations of this policy will be limitations solely upon limiting the opportunity of any student determined to be in violation of this policy to a student's privilege to participate in extra-curricular activities. No suspensions from school or academic sanctions will be imposed for violations of this policy unless the student participant violates the drug free school policy. This policy supplements and complements all other policies, rules, and regulations of the Red Lodge School District regarding possession or use of illegal drugs.

Participation in school-sponsored interscholastic extra-curricular activities in the Red Lodge School District is a privilege. Students who participate in these activities are respected by the student body and are representing the school district and the community. Accordingly, students in extra-curricular activities carry a responsibility to themselves, their fellow students, their parents and their school to set the highest possible examples of conduct, sportsmanship, and training, which includes avoiding the use or possession of illegal drugs.

THE PURPOSE OF THIS POLICY ARE FIVE-FOLD:

1. To educate students of the serious physical, mental and emotional harm caused by illegal drug use.
2. To alert students with possible substance abuse problems to the potential harms that drug use poses for their physical, mental, and emotional well being and offer them the privilege of competition as an incentive to stop using such substances.
3. Ensure that students adhere to a training program that bars the intake of illegal drugs.
4. To prevent injury, illness, and harm for students that may arise as a result from illegal drug use.
5. To offer students practices, competition and school activities free of the effects of illegal drug use.

Illegal drug use of any kind is incompatible with the physical, mental, and emotional demands placed upon participants in extra-curricular activities and upon the positive image these students project to other students and to the community on behalf of the Red Lodge School District. For the safety, health and well being of students in extra-curricular activities the Red Lodge School District has adopted this policy for use by all participants in interscholastic extra-curricular activities in grades 5-12. *The administration may adopt regulations to implement this policy.

I. DEFINITIONS

"Activity Student" means a member of any 5-12th grade Red Lodge School District sponsored extra-curricular organization that participates in interscholastic competition. This includes any student that represents Red Lodge Schools in any extra-curricular activity in interscholastic competition. These activities are listed in the Activities Handbook.

"Drug use test" means a scientifically substantiated method to test for the presence of illegal drugs or the metabolites thereof in a person's saliva and/or urine analysis.

"Random Selection Basis" means a mechanism for selecting a minimum of 20 activity students for drug testing that:

A. results in an equal probability that any activity student from a group of activity students subject to the selection mechanism will be selected, and

B. does not give the School District discretion to waive the selection of any activity student selected under the mechanism.

"Illegal drugs" means any substance that an individual may not sell, possess, use, distribute or purchase under either Federal or Montana law. "Illegal drugs" includes, but is not limited to, all prescription drugs obtained

without authorization, and all prescribed and over-the-counter drugs being used for an abusive purpose. "Illegal drugs" shall also include alcohol.

"Positive" when referring to a drug use test administered under this policy means a toxicological test result which is considered to demonstrate the presence of an illegal drug or the metabolites thereof using the standards customarily established by the testing laboratory administering the drug use test.

"Reasonable suspicion" means a suspicion of illegal drug use based on specific observations made by coaches/administrators/sponsors of the appearance, speech, or behavior of an activity student; the reasonable inferences that are drawn from those observations; and/or information of illegal drug use by an activity student supplied to school officials by other students, staff members, or patrons.

"Sample" means a sample of saliva and/or urine analysis collected for the purpose of analysis for the presence of illegal substances.

II. PROCEDURES

Each activity student shall be provided with a copy of the "Student Drug Testing Consent Form", which shall be read, signed and dated by the student, parent or custodial guardian and coach/sponsor before such student shall be eligible to practice or participate in any extra-curricular activities. The consent form requires all activity students in Grades 9-12 to submit a saliva sample for testing purposes at a point in time during the first three weeks of the activity. In addition, the consent requires the Activity Student to provide a saliva sample (Grades 5-8) and urine analysis (Grades 9-12): (a) when the activity student is selected by the random selection basis to provide a sample; and/or (b) at any time when there is reasonable suspicion to test for illegal drugs. No student shall be allowed to practice or participate in any extra-curricular activities involving interscholastic competition unless the student has returned the properly signed "Student Drug Testing Consent Form."

Prior to the commencement of drug testing each year an orientation session will be held with each activity student to educate them of the sample collection process, privacy arrangements, drug testing procedures and other areas which may help to reassure the activity student and help avoid embarrassment or uncomfortable feelings about the drug testing process.

Each activity student shall receive a copy of the Activity Student Drug Testing Policy. The head coach, sponsor, Activities Director, and/or principal shall be responsible for explaining the Policy to all prospective activity students.

A student who moves into the district after the school year begins will be subject to drug testing pending participation in extracurricular activities.

Drug use testing for activity students will also be chosen on a random selection basis from a list of all Activity Students who are involved in off-season or in-season activities. The Red Lodge School District will determine a by-season (Fall, Winter, Spring) list of student names in which a minimum of 20 names will be drawn at random to provide a urine analysis for drug use testing for illegal drugs.

In addition to the drug tests required above, any activity student may be required at any time to submit to a saliva and/or urine analysis test for illegal, or the metabolites thereof when an administrator, staff, coach, or sponsor has reasonable suspicion of illegal drug use by that particular student.

Saliva Test

Saliva-based drug use tests will be administered by a proper representative of the Red Lodge School District. When required for testing confirmation, a professional laboratory shall be required to use scientifically validated toxicological testing methods, have detailed written specifications to assure chain of custody of the specimens, and proper laboratory control and scientific testing.

Urine Analysis – (UA)

Urine analysis drug use tests will be administered by a professional third party testing organization. When required for testing confirmation, a professional laboratory shall be required to use scientifically validated

toxicological testing methods, have detailed written specifications to assure chain of custody of the specimens, and proper laboratory control and scientific testing.

All aspects of the drug-use testing program, including the collection of saliva and urine specimens, will be conducted so as to safeguard the personal and privacy rights of the activity student to the maximum degree possible. The test specimen shall be obtained in a manner designed to minimize intrusiveness of the procedure.

An initial positive test result will be subject to confirmation by a second and different test of the same specimen. The second test will use the gas chromatography / mass spectrometry technique. A specimen shall not be reported positive unless the second test utilizing the gas chromatography / mass spectrometry procedure is positive for the presence of an illegal drug or the metabolites thereof. The chosen laboratory shall preserve the unused portion of a specimen that tested positive for a period of three (3) months or the end of the school year; whichever is shorter. Student records will be retained until the end of the school year.

III. CONFIDENTIALITY

The laboratory will notify the Superintendent of any positive test. To keep the positive test results confidential, the superintendent will only notify the principal, activities director or designee, the student, the head coach/sponsor, and the parent or custodial guardian of the student of the results. The principal/ activities director or designee will schedule a conference with the student and parent or guardian and explain the student's opportunity to submit additional information to the principal/ activities director or to the lab. The Red Lodge School District will rely on the opinion of the laboratory that performed the test in determining whether the positive test result was produced by something other than consumption of an illegal or performance-enhancing drug.

Test results will be kept in files separate from the student's other educational records, shall be disclosed only to those school personnel who have a need to know, and will not be turned over to any law enforcement authorities.

IV. APPEAL

An activity student who has been determined by the principal/ activities director to be in violation of this policy shall have the right to appeal the decision to the Superintendent or his/her designee(s). Such request for a review must be submitted to the Superintendent in writing within five (5) calendar days of notice of the positive test. A student requesting a review will remain ineligible to participate in any extra-curricular activities until the review is completed. The Superintendent or his/her designee(s) shall then determine whether the original finding was justified. No further review of the Superintendent's decision will be provided and his/her decision shall be conclusive in all respects. Any necessary interpretation or application of this policy shall be in the sole and exclusive judgment and discretion of the Superintendent, which shall be final and non-appealable.

V. CONSEQUENCES

Any activity student who tests positive in a drug test under this policy shall be subject to the following restrictions:

SELF-REPORTING TRAINING RULE VIOLATIONS

SELF-REPORTING: The purpose of this provision is to encourage a student/ athlete to seek help. The student may not use this voluntary admission, reported within twenty-four (24) hours of the infraction, if the authorities already know the training infraction or at the discretion of the building administrator. This provision may be used only one time by a student while enrolled in grades 5-8, and used only one time while enrolled in grades 9-12 and will be documented by the activities director. To be treated as a self-referral, this must be the first knowledge that the school official has of a violation. A self-referral carries a 7-day suspension from competition, but the student will continue to practice.

REPORTING: A school staff member can be made aware of the violation of this alcohol/ drugs/ tobacco policy by any source (such as police, school personnel, counselors, coaches, advisors, community members, parents and other students, but anonymous telephone calls or reports made by people not willing to confront the violator will not be acted upon.)

PENALTIES FOR FAILURE TO FOLLOW ACTIVITY POLICIES

- **First Offense:** Suspension from 15 instructional days of event(s). Students who report their own violation will face suspension from events for 7 instructional days. First offense only. The Activity student must complete an insight program provided by the school district. The activity student will need to submit a clean drug test results (urine analysis) at the activity student's expense in order to be reinstated back to the activity.
- **Second Offense:** Suspension from the team or activity for the remainder of the season or 45 days, whichever is longer.
- **Third Offense:** Suspension from all activities for the remainder of the year or 90 days, whichever is longer. Must appeal before an Advisory Committee to request reinstatement for the next year.
- **Fourth Offense:** Denied extra-curricular participation for remainder of high school years.

***If a student has multiple occurrences (After Second Offense) within a calendar year, the activity student will be required to attend counseling services at the activity student's expense and provide verification of those counseling services. In addition, the activity student will need to submit a clean drug test (urine analysis) at the activity student's expense in order to be reinstated back to the activity.

Offenses are accumulated throughout a student's middle school or high school career. Offenses are monitored and documented throughout the calendar year. If a student is not in an activity when the infraction occurs, the consequence will be instituted at the beginning of the next activity season.

Special Education students will be considered in accordance with their IEP, with the IEP team.

STUDENT AND PARENT DUE PROCESS

If determination is made that a student has violated this policy, the student, parents and/or guardians shall be notified of the violation by telephone where possible. The student, parents and/or guardians shall be notified of the discipline consequences to be administered.

VI. REFUSAL TO SUBMIT TO DRUG USE TEST

An activity student, who refuses to submit to a drug test authorized under this policy, shall not be eligible to participate in any activities covered under this policy including all meetings, practices, performance and competitions for the remainder of the school year. Additionally, such student shall not be considered for any interscholastic activity honors or awards given by the school.

* * * *

Red Lodge School District is committed to cooperating with parents/guardians in an effort to help students avoid illegal drug use. The Red Lodge School District believes accountability is a powerful tool to help some students avoid using drugs and that early detection and intervention can save lives.

DRUG/ALCOHOL/TOBACCO POLICY

No individuals participating in any of the extracurricular activities at Red Lodge Schools will be allowed to use, distribute, or be in the possession of alcohol, drugs, tobacco, e-cigarettes, alternative nicotine, and any type of vaping and related products. Being present where minors are in the possession of using alcohol, tobacco, e-cigarettes, or drugs shall also result in disciplinary action. This policy is in effect 24 hours a day, during the academic school calendar year, both out of season, and throughout the in-season activity period. Violations are cumulative for the entire middle school or high school tenure. Penalties may extend from one school year to the next (Third Offense) and throughout the duration of middle school or high school (Fourth Offense). Please refer to penalties for Failure to Follow Activity Policies listed above for a detailed description of penalties associated with this policy. The participants and their parents/legal guardians must sign and turn

in this Drug/Alcohol/Tobacco Agreement to the activity director to be eligible to participate in any extracurricular activity at Red Lodge Public Schools. (Refer to extracurricular rules and regulations contract included).

*The suspension period begins on the date of the conference with that offender and the extracurricular coach/advisor. The student may practice during the suspension period.

*After the first offense the student will be required to participate in the RLHS Insight program or provide proof of an equivalent prevention, awareness and education program. This program offered through our RLHS guidance/counseling department.

*Any conviction or adjudication resulting from the possession of alcohol, tobacco, or illegal drugs, whether resulting from school activity or not, is subject to the terms of this Agreement.

**The student will be allowed to practice with the team during the suspension; however, the student will not sit with the team during competition or travel with the team for a competition. The student will also be ineligible to receive a letter, all conference/all state nomination, any team award for that activity, and any dances or parades during the quarter of violation.

***If a student has multiple occurrences (After Second Offense) within a calendar year, the activity student will be required to attend counseling services at the activity student's expense and provide verification of those counseling services. In addition, the activity student will need to submit a clean drug test (urine analysis) at the activity student's expense in order to be reinstated back to the activity.

RULES AND REGULATIONS

1. A coach/sponsor may elect to have additional rules/regulations for their sport/group, beyond those addressed in the activity handbook, in which case a list of the specific rules/regulations requested by the coach/sponsor will be distributed to the participants involved within the first week of scheduled practices and will be on file in the Activity Directors and Principals Offices.
2. The administration, in special cases, may permit an individual student to participate in an activity.
3. At any time an activity student is suspended for any part of the regular school day or are in violation of the District Discipline Policy, he/she will not be allowed to practice or participate in the extracurricular activities they are involved in, either practice or a scheduled activity.
4. Any activity student who has an unexcused absence, as described in the student handbook, for any portion of the day of an activity may not participate in that activity, including practice. If the unexcused absence occurs on Friday, the student will not participate on Friday or Saturday. Extenuating circumstances will be considered by the administration.
5. The discipline policy for both Roosevelt Middle School and Red Lodge High School will be in effect for all extracurricular activities. The discipline policy is listed in the student handbooks.

BULLYING, HARASSMENT, INTIMIDATION, HAZING POLICY HAZING, BULLYING, HRASSMENT & INTIMIDATION

The Board will strive to provide a positive and productive learning and working environment. Bullying, harassment, intimidation, or hazing, by students, staff, or third parties, is strictly prohibited and shall not be tolerated. (School Board Policy #3226)

1. "Hazing" includes but it not limited to any act that recklessly or intentionally endangers the mental or physical health or safety of a student for the purpose of initiation or as a condition or precondition of attaining membership in or affiliation with any District-sponsored activity or grade-level attainment, including but not limited to forced consumption of any drink, alcoholic beverage, drug, or controlled substance, forced exposure to the elements, forced prolonged exclusion from social contact, sleep deprivation or any other forced activity that could adversely affect the mental or physical health or safety of a student; requires, encourages, authorizes, or

- permits another to be subject to wearing or carrying any obscene or physically burdensome article, assignment of pranks to be performed, or other such activities intended to degrade or humiliate.
2. "Bullying" means any harassment, intimidation, hazing, or threatening, insulting, or demeaning gesture or physical contact, including any intentional written, verbal, or electronic communication ("cyberbullying") or threat directed against a student that is persistent, severe, or repeated, and that substantially interferes with a student's educational benefits, opportunities, or performance, that takes place on or immediately adjacent to school grounds, at any school-sponsored activity, on school provided transportation, at any official school bus stop, or anywhere conduct may reasonably be considered to be a threat of an attempted intimidation of a student or staff member or an interference with school purposes or an educational function, and that has the effect of:
 - a. Physically harming a student or damaging a student's property;
 - b. Knowingly placing a student in reasonable fear of physical harm to the student or damage to the student's property;
 - c. Creating a hostile educational environment, or;
 - d. Substantially and materially disrupts the orderly operation of a school.
 3. Electronic communication device means any mode of electronic communication, including but not limited to computers, cell phones, PDA, social media or the internet.

TEAM MANAGERS

Most teams are in need of managers to assist in record keeping, taking care of equipment and supplies and assist the coaches and players. The following guidelines will apply to the selection and responsibilities of all student managers.

1. All students interested in working with the teams in a particular sport, as a manager must apply to the head coach of that sport for a manager position. (*The head coach will make selection.)
2. All managers must maintain the same eligibility requirements as that of the athletes.
3. All managers must maintain the same dress code requirements as that of the athletes.
4. All managers must abide by all of the rules and regulations of the Red Lodge School District outlined in the extra-curricular agreement.

RED LODGE PUBLIC SCHOOL'S CONCUSSION POLICY

CONCUSSION POLICY STATEMENT

- A. Red Lodge Public Schools is committed to providing a quality evidence-based concussion management program. Impact testing is provided to our athletes as a tool to assist our medical providers in concussion management.

INTENT

- A. To provide baseline testing for all athletes involved in high risk sports.
- B. Upon sustaining a concussion, post-test scores will be compared to baseline scores as a tool in return to play safety.
- C. Draw awareness to the dangers of concussion and concussion mismanagement, including second impact syndrome.

DEFINITIONS

- A. ImPACT Concussion Management Software is a sophisticated research-based software tool developed to help sports-medicine clinicians evaluate recovery following concussion. ImPACT evaluates and documents multiple aspects of neurocognitive functioning including memory, brain processing speed, reaction time, post-concussive symptoms, and an injury documentation system.

- B. High risk sports include football, men’s and women’s basketball, pole vault, cheerleading, rodeo and ski team.
- C. Concussion – A form of mild traumatic brain injury caused by an impact directly to the head or to a part of the body that results in a force transmitted to the head. This impact causes a temporary neurologic impairment that can result in symptoms which can include:
 - 1. Headaches
 - 2. Dizziness or Balance Problems
 - 3. Nausea
 - 4. Vision or hearing sensitivity
 - 5. Fatigue or sleeplessness
 - 6. Irritability
 - 7. Depression
 - 8. Feeling “Foggy”
 - 9. Change in sleep pattern
 - 10. Concentration or memory problems

PRACTICE

- A. Athletes will be ImPACT tested prior to the sports season.
- B. At the Minimum, each athlete will be tested their freshman and junior years, if transferred from a school that did not have ImPACT testing, and if new to one of the above mentioned sports. May re-test baseline yearly per discretion of Athletic Director
- C. Baseline testing will take place in a group environment and follow-up tests will take place at the school or medical office. Follow-ups will be arranged through ATC or MD.
- D. Special circumstances may allow for individual baseline testing at a local medical facility.

GENERAL CONSIDERATIONS

Parents will receive an informational letter or brochure and a consent form to return prior to the testing. Parents may opt out of testing. Sponsored by Billings Clinic in partnership with BBC. If athlete does not have a local MD that they regularly see, a list will be provided and one will need to be chosen for concussion management at time of injury.

PROCEDURE

Red Lodge Public Schools will follow the attached Protocol and Procedures for Management of Sports-Related Concussion. Red Lodge Public Schools staff will also follow the Return to Play guidelines attached. Sport Concussion Assessment Tool 3(SCAT3) and pocket SCAT3 are attached for use as recommended by the Beartooth Billings Clinic Sports Medicine Team.

RETURN TO PLAY PROTOCOL

- 1. Athletes should not return to play on the same day of injury.
- 2. Athletes need to rest until asymptomatic (physical and mental rest).
- 3. The athlete must have written medical clearance from treating provider (MD, PA, FNP).
- 4. Athletes must pass a Progressive Physical Activity Program monitored by athletic trainer.
- 5. Example of stages for Progressive Physical Activity Program:
 - a. Light aerobic exercise only (e.g. stationary bike)
 - b. Sport-specific exercise
 - c. Non-contact training drills (can start light resistance training)
 - d. Full contact training after medical clearance
 - e. Return to full competition (game play)
- 6. If symptoms recur the athlete should return to stage one and be referred to treating provider.
- 7. There should be approximately 24 hours (or longer) for each stage.
- 8. Resistance training should only be added in the later stages.

M.H.S.A. COACHING/TEAM PARTICIPATION RULES

In November 1990 the Montana High School Association Board of Control approved changes in the coaching and team participation rules. In January and April they adopted other modifications relative to these rules.

Basically, they eliminated the team participation rule (60 70 rule); they expanded the coaching rule for a period during the summer; they eliminated the participation of underclassman in all star/post season contests and tournaments; and instituted rule provisions to prohibit schools from sponsoring athletic contests out of season. The following are descriptions of the current coaching and team participation rules.

1. The team-coaching rule is suspended from June 1 - July 31. This means a coach of a team sport can coach his/her players anytime, anywhere, during this period.
2. The team-coaching rule is in effect from August 1 - May 31. This means that there is to be no coaching of one's team sport (team sports being football, basketball and volleyball) out of season other than the one on one provision allowed presently. Coaches of individual sports (individual sports being track and field) are not affected by this rule.
3. Students cannot be required to attend out-of-season practices, camps or contests.
4. Schools cannot in any way sponsor, finance, promote or be affiliated with any out-of season contests, events or tournaments.
5. A coach coaching a team during the summer that advances to a regional or national event can continue to coach after July 31 until the competition is ended. The M.H.S.A. office must be notified if this occurs.

RED LODGE SCHOOL DISTRICT LETTERING PROCEDURES FOR EXTRACURRICULAR ACTIVITIES

Minimum requirements for earning extracurricular awards will be established by the activity director, building principal and coach/advisor. The coach/advisor may have additional requirements, if so he/she must have them reviewed by the administration and must let the participants and their parents/legal guardians know before the activity starts. Any participant in any extracurricular activity who becomes ineligible for participation because of academic failures or disciplinary reasons will not be eligible for an award in that particular extracurricular activity.

Any participant in any extracurricular activity who becomes unable to participate during the course of the activity because of injury or illness may, at the discretion of the coach or advisor, receive a letter for the extracurricular activity.

RED LODGE SCHOOL DISTRICT LETTERING PROCEDURES FOR EXTRACURRICULAR ACTIVITIES

The following district guidelines will be required for participants to letter in all extracurricular programs.

1. The major goals of the extracurricular program are to provide students with the experiences designed to encourage good sportsmanship, responsibility, reliability and good moral character. To obtain a letter participants in the following activities are expected to reflect these attitudes throughout the season.
2. In order to obtain a letter in the following extracurricular programs a participant must finish the season in good standing.
3. Participants' academic performance will be considered a top priority. Multiple ineligibility occurrences will be considered cause for non issuance of a letter.
4. All programs will take into account multiple sport/activity participation.
5. In extra ordinary circumstances the coach/advisor in conjunction with activity director and administration may use their discretion to reward a participant, which may or may not include a letter.
6. All equipment must be turned in prior to awarding of a letter.

FOOTBALL

Each player must earn 50 points to letter or have played in at least 16 varsity quarters

1. One quarter played equals 2 points (points double for playoff quarters)

2. Participating in 80% or more in the off-season speed and strength program earns 6 points
3. Participation in another sport earns 1 point per sport
4. Participation in football camps earns 5 points per camp
5. Academic GPA of 3.0+ in first quarter earns 10 points
6. On time equipment check in earns 2 points (loss of 2 points per day if late)
7. Complete weekly goals and yearly evaluation earns 5 points
8. Complete 2 hours of community service - must be signed off by an adult 10 points
9. Coaches prerogative 1-5 points (hustle, leader, attendance, positive attitude/treatment)

VARSITY BASKETBALL

In order to receive a varsity letter in basketball a student athlete must:

1. Play in at least 12 varsity quarters throughout the season.
2. Attend post season tournaments as a member of the varsity team. (*Injured players can be included.*)
3. All athletes must complete the season in good standing according to the rules, regulations, and standards set forth by the Montana High School Association and Red Lodge High School. In addition the player must end the season in good standing with the guidelines and expectations determined by the program and coaches at the beginning of the season.

CROSS COUNTRY

An athlete may receive their varsity letter by:

1. Competing as one of seven varsity team members at the State cross-country meet. The top seven boys and girls are considered the varsity team. The top seven can and frequently will change from week to week during the season. The varsity team for the State meet will be the top seven boys and girls who are in **GOOD STANDING** (*plus two alternates for each gender*) based on overall performance throughout the season. The head coach will make final judgment for the State meet varsity team.

Or

2. Completing three of the following five criteria:
 - a. By time – run faster than the specified times for a 3 mile course (JV or Varsity)
 - i. Girls = 22:30
 - ii. Boys = 18:30
 - b. Run in five varsity meets. Serving as an alternate at the State meet will count as one meet.
 - c. Complete three consecutive cross country seasons, participating in practices and meets and positively contribute to the camaraderie of the team
 - d. Maintain an average high school Grade Point Average (GPA) of a 3.5 or higher
 - e. Sign up for and run in two off season races with a distance of 5k or greater (athlete is responsible for providing proof of registration and completion)

Or

3. The head coach reserves the right to grant or deny a varsity letter in special conditions (injury, personal emergency, etc.)

CHEERLEADING

Team member must earn 80% or higher of total points in the season to receive a varsity letter.

Points Gained

Practices and weight training - 2 points

Games (including tournaments) - 10 points each

Fundraisers - 10 points each

Community Service (scheduled with team or minimum of 2 hours on own) - 10 points

Uniforms - 5 points returned on time washed and in good condition

Grade Point Average of 3.0 or above - 10 points

Points Lost

Practice/Game tardy (over 5 minutes late): -1 point/5 minutes late

Coaches prerogative: -1 point for unsafe behavior or poor attitude

Uniforms turned in late or in poor condition: -1 point/day late or in poor condition

VOLLEYBALL

Regulations and Requirements:

1. A player must be eligible under the rules of the Montana High School Activities Association and training rules set forth by Red Lodge High School.
2. All players must complete the season in good standing, which requires that all equipment be turned in, fines and fees paid, and did not display action unbecoming of an athlete.
3. An athlete must play in 33 1/3% of the total matches of all varsity games scheduled and be a member of the post season tournament team. (An injury that keeps a player out of the post-season tournaments will not disqualify a player from lettering.)
4. A letter may also be awarded to an athlete at the discretion of the coach. Example - Injury or Illness.
5. A letter may also be awarded for a student manager/ player for sitting on the bench and performing student-managing duties throughout the season and in the post season for varsity level matches.

TRACK

In order to earn a varsity letter in track and field at Red Lodge High School, an athlete must:

1. Earn 8 points in varsity competition in one season or
2. Qualify for competition at the divisional meet

SPEECH AND DRAMA

All of the below criterion shall be met in order to earn a letter.

1. Student shall commit to a minimum of one forty-five minute practice with a coach, in addition to practicing on his/her own time
2. Student may only miss one regular meet unless he/she is participating in another RLHS scheduled extracurricular event and has both coaches/ advisors prior approval
 - a. Student shall participate in the divisional competition
 - b. Student shall place in finals in at least two competitions
 - c. Student shall be academically eligible throughout the entire season
 - d. Student's attendance, attitude and performance meet with the head coach's approval

GOLF

1. Must have golfed in at least 4 varsity tournaments.
2. Will automatically letter if boys golfer shoots a round in the 70s during a varsity meet, girls golfer shoots a round in the 90s during a varsity meet
3. Will automatically letter if qualified state team/individual.
4. Senior who has participated 4 years in the program.
5. Players must end season in good standing, meaning they have fulfilled their commitment to the team as well as conducted themselves in alignment to the state team expectations.

RESTRICTING ACTIVITIES ON SUNDAY

The M.H.S.A. prohibits student member schools or students of a member school from participating in any inter-school contest or activity, or practice for such contests or activities on Sundays.

RECOMMENDED MEAL ALLOWANCES

Student participants will be responsible for providing their own meal allotment when traveling to and from any regular season or post-season activities outside of the local (60) mile area. The district will provide meals to activity groups traveling overnight.

LODGING

When student travel is such that overnight accommodations are required, the activities director will make arrangements in advance of the group/team departing from Red Lodge School District, (in severe weather situations and/or poor road conditions, arrangements may need to be made without prior knowledge).

Motel/Hotel reservations will be made on the basis of availability, appropriateness and cost. Separate accommodations and chaperons for female and male students will be provided. (*Refer to Overnight/Travel Consent Agreement).

Rooms will be so reserved to allow not more than 5 students to a room, but in all cases each student will be provided a bed for sleeping purposes, not more than two (2) students per double bed will be allowed. (Example: 5 students would have 2 double beds plus 1 rollaway).

RED LODGE SCHOOL DISTRICTS NONDISCRIMINATION POLICY AND GRIEVANCE PROCEDURE TITLE IX AND SECTION 504

In compliance with the executive order 11246, Title II of the Education Amendments of 1976; Title VI of the Civil Rights Act of 1964, as amended by the Equal Employment Opportunity Act of 1972, Title IX Regulations Implementing Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973; and all other Federal and State school rules, laws, regulations, and policies, the Red Lodge Elementary, Middle and High Schools-District #1, shall not discriminate on the basis of sex, age, race, color, marital status, national origin, religion or handicap in the educational programs or activities which it operates.

It is the intent of School District Number #1 to comply with both the letter and spirit of the law in making certain discrimination does not exist in its policies, regulations and operations. Grievance procedures, for Title IX and Section 504, have been established for students, their parents and employees who feel discrimination had been shown by the School/District/Agency.

Specific complaints of alleged discrimination under Title IX (sex equity) and Section 504 (handicap) should be referred to:

Doug Mann, IX Equity Officer Red Lodge School District PO Box 1090 Red Lodge, MT 59068
Phone: (406) 446-1804

John Fitzgerald and Cindy Luoma Section 504 Officers, Red Lodge School District PO Box 1090 Red Lodge, MT 59068 Phone: (406) 446-2110

PARENT CODE OF ETHICS

The administrative team, faculty, support staff, and coaching staff of Red Lodge Public Schools understand that both parenting and coaching provide challenging, and at times difficult roles for all involved as we strive to help our children reach their full and true potential on and off the field of competition. Parents/Guardians of students participating in Red Lodge Activities are committed to:

1. Be a positive role model through your own actions to make sure your child has the best athletic experience possible.
2. Be a "team" fan, not a "my kid" fan.
3. Weigh what your children say; they will tend to slant the truth to their advantage.
4. Show respect for all participants, coaches, spectators and support groups.
5. Be respectful of all official's decisions.
6. Avoid coaching your children before or after a game, because it may conflict with the coach's plans, strategies, and philosophy.
7. Praise student-participants in their attempts to improve themselves as students, as participants and as people.
8. Gain an understanding and appreciation for the rules of the contest.
9. Recognize and show appreciation for the rules of the contest.
10. Remember the competition is for the students and not the adults.
11. Help your child learn that success is oriented in the development of a skill and should make a person feel good about themselves, win or lose.
12. I will support the 24 hour rule: Parents are not permitted to discuss athletic/activity concerns with the coach for at least 24 hours after an issue arises at a game, practice, or other instance. I will schedule an appointment with the head coach if an issue arises.
13. Please reinforce our drug and alcohol free policies by refraining from the use of any controlled substances before and during athletic contests.
14. Remember that a ticket to a school athletic event is a privilege to observe the contest.
15. Striving to contribute to the promoting of a climate of support, unity, and positive team spirit for our athletes, coaches, teams, fans and parents.

Signature Page for Students / Parents / Coaches / Advisors

The following lists serves as a “checklist” for student participants, parents/guardians, coaches/advisors/sponsors and also as a reminder of the responsibilities and requirements of the activity/sport or event.

_____ We have received and read the “Activities Handbook” and the Student/Parent Activities Handbook Agreement. _____ Parent Initial _____ Student Initial

_____ M.H.S.A - Physical Examination form completed **BEFORE** practice begins.

_____ Red Lodge Schools – Emergency Information Form has been completed.

_____ We have read and completed the Student-Athlete & Parent/Legal Guardian Concussion Statement.

_____ We have read and completed the Student Drug Testing Consent Form. Include any medications your student participant is taking on the back of this form.

_____ We have read the Extracurricular Activity Agreement and understand the penalties associated with this agreement. We understand that a student-athlete who breaks contract will not be eligible for any postseason award including a letter, all conference/all state nomination, and any team award.

_____ Parent Initial _____ Student Initial

_____ We have read the Parental Insurance Waiver consent form and have adequate insurance for participation.

_____ We do not have insurance and will need to purchase a plan via: www.k12specialmarkets.com. **Please initial the appropriate sections when purchase has been completed.** (*Insurance is required for participation*)

_____ Parent Initials confirming insurance has been purchased

_____ Overnight/Activity Trip Consent Agreement has been read by parent/legal guardian and student participant. I grant _____ (student participant) permission to participate in the overnight/travel required of this activity/sport or event for the season of 2020-2021. **GRADES 5-8 DO NOT SIGN THE OVERNIGHT/ACTIVITY TRIP CONSENT AGREEMENT.**

_____ Parent Initial _____ Student Initial

_____ Student participant has taken care of the required preseason \$60.00 activity/participation fee. (Approved by RLHS Office and/or Roosevelt Office).

_____ Attendance at the preseason meetings and sign off on training preseason Checklist and additional training rules as assigned by coach/advisor/sponsor.

_____ Academic Eligibility Status has been approved.

_____ Inform coach/advisor/sponsor of specific needs or unusual circumstances.

_____ Parent(s)/legal guardian of the student participant attended/plan on attending the preseason parent meeting.

_____ I have read and understand the Parent Code of Ethics. _____ Parent(s) Initial

I hereby verify I have read and initialed the above statements

Parent Signature

Date

Please return this page, Emer. Form, Physical, Concussion & Drug Testing Form & Participation Fee by first practice.

Physical form

Red Lodge School District Emergency Information

Name _____
(Please Print)

Birthdate _____ Present Age _____

Parent/Guardian's Name _____

Address _____ Phone Number _____
Cell Number _____

Grade _____

Mother's Employer _____ Phone Number _____

Father's Employer _____ Phone Number _____

Known Allergies _____

Medication you currently use? _____ If so, explain _____

Previous Injuries? _____ If so, explain _____

Have you had a concussion or head injury? _____ If so, explain _____

Do you have asthma? _____

In an emergency, if parents cannot be contacted, please notify:

Name _____ Phone Number _____

Family Doctor _____ Phone Number _____

Preferred hospital _____

The team physician, trainer, coach and school personnel **may** apply first aid treatment until the family doctor can be contacted? Yes _____ No _____

We give our consent for coaches, trainers, team physicians and school personnel to use their judgment in securing medical aid and ambulance service in case the parents cannot be reached. Yes _____ No _____

We give our consent for athletic trainers to evaluate & provide ongoing treatment and assessment for sports injuries. Yes _____ No _____

Parent Signature

Date

Student-Athletic & Parent/Legal Guardian Concussion Statement

STUDENT DRUG TESTING CONSENT FORM

Statement of Purpose and Intent

Participation in school sponsored extra-curricular activities at the Red Lodge School District is a privilege. Activity students carry a responsibility to themselves, their fellow students, their parents, and their school to set the highest possible examples of conduct, which includes avoiding the use or possession of illegal drugs.

Drug use of any kind is incompatible with participation in extra-curricular activities on behalf of the Red Lodge School District. For the safety, health, and well being of the students, the Red Lodge School District has adopted the attached "Activity Student Drug Testing Policy" and the "Student Drug Testing Consent Form" for use by all participating students at the middle school and high school levels.

Participation in Extra-Curricular Activities

Each activity student shall be provided with a copy of the "Student Drug Testing Consent Form", which shall be read, signed and dated by the student, parent or custodial guardian and coach/sponsor before such student shall be eligible to practice or participate in any extra-curricular activities. The consent form requires all activity students in Grades 9-12 to submit a saliva sample for testing purposes at a point in time during the first three weeks of the activity. In addition, the consent requires the Activity Student to provide a saliva sample (Grades 5-8) and urine analysis (Grades 9-12): (a) when the activity student is selected by the random selection basis to provide a sample; and/or (b) at any time when there is reasonable suspicion to test for illegal drugs. No student shall be allowed to practice or participate in any extra-curricular activities involving interscholastic competition unless the student has returned the properly signed "Student Drug Testing Consent Form."

Student's Last Name	First Name	MI
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I understand after having read the "Activity Student Drug Testing Policy" and "Student Drug Testing Consent Form," that, out of care for my safety and health, the Red Lodge School District enforces the rules applying to the consumption or possession of illegal drugs. As a member of a Red Lodge School District extra-curricular interscholastic activity, I realize that the personal decision that I make daily in regard to the consumption or possession of illegal drugs may affect my health and well being as well as the possible endangerment of those around me and reflect upon any organization with which I am associated. If I choose to violate school policy regarding the use or possession of illegal drugs any time while I am involved in in-season or off-season activities, I understand upon determination of that violation I will be subject to the restrictions on my participation as outlined in the Policy.

Signature of Student	Date
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We have read and understood the Red Lodge School District "Activity Student Drug Testing Policy" and "Student Drug Testing Consent Form." We desire that the student named above participate in the extra-curricular interscholastic programs of the Red Lodge School District and we hereby voluntarily agree to be subject to its terms. We accept the method of obtaining saliva/urine analysis (UA) samples, testing and analysis of such specimens, and all other aspects of the program. We further agree and consent to the disclosure of the sampling, testing and results as provided in this program.

Signature of Parent or Custodial Guardian	Date
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Signature of Coach	Date
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Permission to Participate (Collected Annually)

STUDENT PERMISSION TO PARTICIPATE

I hereby give my consent for _____(student) to participate for **Red Lodge** Public Schools in the following Activities: Please mark all boxes for activities you will be in for entire school year.

I also give _____(student) permission to ride school-sponsored transportation to/from any activity taking place away from [insert school district]. I hereby also give the school permission to seek first aid treatment and medical services if necessary for the student listed above, should an emergency arise and with the understanding that there will be no financial obligation on the part of the school.

Date _____
Student Signature _____

Date _____
Parent/Guardian Signature _____

Student allergies to medication: _____

Student Date of Birth: _____

Home Phone: _____ Emergency Phone _____

Activities

- | | |
|----------------------|---------------------------------|
| Football ____ | Wrestling ____ |
| Volleyball ____ | Band/Choir ____ |
| Cross Country ____ | Speech and Drama ____ (HS only) |
| Track and Field ____ | Tennis ____ (HS only) |
| Basketball ____ | Golf ____ (HS only) |

EXTRACURRICULAR ACTIVITY AGREEMENT

Please read this Agreement carefully. By signing it, you are agreeing to be bound by its terms.

This agreement and the policies stated in the Activity Handbook as approved by the Board of Trustees of the Red Lodge School District, govern the relationship between the school and the student participant and his/her parent/legal guardian.

All parties to this Agreement understand and agree that a student's participation in extracurricular activities is a privilege and not a right. Therefore, no conviction or adjudication in any court is necessary to the enforcement of any part of this Agreement.

As a student participant and as a parent/legal guardian, we agree to abide by the following rules in exchange for the school's allowing the student to participate in extracurricular activities.

1. To be eligible to participate in high school extracurricular activities, a student must maintain a grade point average of 2.00 or better and must not be failing any classes. Middle school students must maintain a grade point average of 2.00 or better and must not be failing more than one class.
2. Curfew hours are set by coaches and advisors. As a general rule, curfew is 10:00 PM on school nights and on night's prior to contest. Coaches and advisors may in their discretion set other hours.
3. The student will not use or possess tobacco, alcohol or any illegal drug. If the student violates this rule, the student and parent agree to the following consequences:
 - **First Offense:** Suspension from 15 instructional days of event(s). Students who report their own violation will face suspension from events for 7 instructional days. First offense only. **The Activity student must complete an insight program provided by the school district. The activity student will need to submit a clean drug test results (urine analysis) at the activity student's expense in order to be reinstated back to the activity.**
 - **Second Offense:** Suspension from the team or activity for the remainder of the season **or 45 days, whichever is longer.**
 - **Third Offense:** Suspension from all activities for the remainder of the year or 90 days, whichever is longer. Must appeal before an Advisory Committee to request reinstatement for the next year.
 - **Fourth Offense:** Denied extra-curricular participation for remainder of high school years.

***If a student has multiple occurrences (After Second Offense) within a calendar year, the activity student will be required to attend counseling services at the activity student's expense and provide verification of those counseling services. In addition, the activity student will need to submit a clean drug test (urine analysis) at the activity student's expense in order to be reinstated back to the activity.

*Any conviction or adjudication resulting from the possession of alcohol, tobacco or illegal drugs, whether resulting from school activity or not, is subject to the terms of this Agreement.

- We understand that a student-athlete who breaks contract will not be eligible for any postseason award including a letter, all conference/all state nomination, any team award, and any dances or parades that occur during the quarter of violation.

Offenses are accumulated throughout a student's middle school or high school career. Offenses are monitored and documented throughout the calendar year. If a student is not in an activity when the infraction occurs, the consequence will be instituted at the beginning of the next activity season.

*** We understand and agree to the terms set forth in the above Agreement ***

Please initial the signature page and sign and return the Student Drug Test Consent Form

RED LODGE SCHOOL DISTRICT ACTIVITIES HANDBOOK AGREEMENT

TO PARENTS / GUARDIANS AND STUDENT PARTICIPANTS

Your son/daughter will be participating in an activity/sport/contest/club at Red Lodge School District this year (2019-2020). By now, he/she should have bought home a copy of the Activities Handbook for activity programs adopted by the Red Lodge Board of Trustees.

If you received this handbook, please sign the signature page. To be eligible to participate in activity programs, your son/daughter must return the signature page, physical, emergency information, Student-Athlete & Parent/Legal Guardian Concussion Statement, and Student Drug Testing Consent Form to his/her coach/advisor/sponsor by the first day of practice. You will not be allowed to start practice without **all forms and activity fee paid**.

The \$60.00 Activity/Participation Fee-paid to Red Lodge High School or Roosevelt Middle School. With a cap at \$150.00 for families of three (3) or more participating in activities.

We are pleased and welcome you as a Red Lodge Activity Supporter. Good sportsmanship is one of the primary purposes of the Red Lodge School District Activity Program. Our student participants recognize that judgment calls from officials/judges are made in good faith and that they must abide by the decisions of the officials/judges. You, as parents, can support the activities co-curricular programs by refraining from derogatory or intemperate remarks or cheers. We hope you will enjoy your son/daughters involvement in a positive and "sportsmanlike" manner.

We appreciate your cooperation. If you have any questions concerning our policies on the Red Lodge School District Activities Program, please feel free to call.

~ Red Lodge School District at 446-1903 or 446-2110. ~

*Parents, when Red Lodge School District sponsors an athletic/activity event, it considers that happening to be an extension of the classroom, with the lessons to be learned as important as those coming out of a textbook. Among those lessons is good sportsmanship, a course which will serve everyone well in the game of life. By signing the signature page, parents agree to sport a winning attitude and positive support for our Red Lodge School programs.

We have received a copy of the Red Lodge School District Activities Handbook. We understand the policies, rules and regulations stated therein and intend to abide by them.

Please initial the signature page.

ATHLETIC INSURANCE WAIVER/INFORMATION

The school district does not provide any type of health or accident insurance for injuries incurred by your child at school. **Therefore, Insurance is being made available for you to purchase.

Reason's to Purchase This Coverage:

1. Deductibles and co-pay's in your health plan. Many health plans have increased the amount of out-of-pocket expenses.
2. No insurance.

This plan will provide benefits for medical expenses incurred because of an accident. If you have other insurance, our benefits will be applied to your deductible or co-pay.

If you have no other insurance this will become your primary accident plan.

To purchase coverage: Go to www.k12specialmarkets.com

Information was sent home with first day packets or information is available at the offices.

Please initial the signature page if you already have adequate insurance.

Thank you,

Jason Reimer, Activities Director

Please initial the signature page

OVERNIGHT/TRAVEL CONSENT AGREEMENT

We are not expecting any problems; however, with an overnight trip/stay we think the following procedures need to be adhered to so that each student participant has a positive experience.

We expect the student(s) to conduct themselves properly at all times during this trip/stay. Any student who cannot conduct him/herself in a proper manner, and/or interferes with the overall experience for the other student(s), that student(s) will have to be dismissed from the trip immediately. The parent(s)/legal guardian of that student(s) will be called as soon as possible and it will be the responsibility of those parents to come and get those/those student(s) or provide transportation for their student(s) to return home at their expense.

The following conditions may also apply:

- *This is a school-related event so all school and extracurricular rules and policies will apply.**
- *A search prior to departure, possibly including canine detection, may be conducted.**
- *Random searches of student rooms/accommodations will be conducted as necessary.**
- *Law Enforcement involvement may be requested to aid in the resolution of an infraction.**
- *Please be advised that any infraction of school policy will result disciplinary action and may result in loss of future participation/travel in the activity/event.**

~ By initialing the signature page you agree to the above conditions. ~

GRADES 5-8 DO NOT SIGN THE OVERNIGHT/ACTIVITY TRIP CONSENT AGREEMENT.